

# Seminars for Parents, Schools and Organisations



## Top Ten Talks for Parents

1. Building Resilient Kids
2. Get Ready for the Teen Years
3. Listen with Your Lips Shut
4. Computers and Devices: Managing screen time
5. No is NOT a Dirty Word: Why kids need to hear it!
6. Understanding Teenagers
7. Connect with your Teenager (whole day)
8. Key Ingredients: Confident parenting, happy children
9. Fathers and Daughters: Nurturing that special bond
10. Parenting from a Distance: For boarding school parents



## Top Ten Talks for School Staff

1. Ideas that Build Self Esteem, Resilience and Optimism
2. Utilising Coaching Strategies in the Classroom
3. The Needs of Students: The 5 love languages
4. The CARE Model: Building parent rapport
5. Positive Mental Health and Happiness in the Workplace
6. Conflict Resolution in the Workplace
7. Understanding Teenagers for School Staff
8. Mastering Relationships: Building the spirit of team
9. Public Speaking with Confidence
10. Who's in Charge Around Here? Mastering the best you!



## Why Parent Teen Matters?

Supporting parents by providing up-to-date information and parenting strategies each step of the way is vital!

That's why Debbie Bushell founded Parent Teen Matters in 2004. Debbie's aim; to create a service in Australia that supports parents, builds the confidence of our current generation of parents, and provides parents with specific strategies that bring out their best and the best in children and teenagers. Debbie's bottom line, "it is essential to empower parents and those who care for youth with confidence and certainty to manage the various issues or challenges that may arise during each stage of a child's life – from child to adolescent to adult. Growing the skill set of today's parents is essential."

Seminars presented are heavily focused on the importance of consistent interactions that build relationships based on love, respect and trust. Her overall approach is unique by uniting professional coaching, positive psychology and authoritative parenting into the arena of parenting; thus bringing together the essential – basic – ingredients of confident parenting.



## Debbie Bushell

Debbie is known to entertain in an audience with valuable information, whilst offering ideas that work. She presents on a variety of topics across Australia and is a fortnightly guest on Perth's radio 6PR. Debbie holds a Master of Education, a Bachelor of Education and is one of a handful of coaches worldwide with an internationally recognized qualification in Parent Coaching

**BOOK NOW**

☎ 0403 246 585

✉ [parentteen@bigpond.com](mailto:parentteen@bigpond.com)

🌐 [www.parentteen.com.au](http://www.parentteen.com.au)